

Attitude of Gratitude:
CONVERSATION STARTERS FOR YOUR FAMILY THIS THANKSGIVING

Thanks: HOW HAS SOMEONE HELPED YOU LATELY?

CONVERSATION STARTERS:

- Think of something mom or dad did today or this week that was helpful for you.
- Did one of your siblings or a friend do something unexpected that was helpful for you this week?
- Think of a way that you saw God answer prayer for you this week/month?
- Once you've identified a way that someone has helped you, how might you demonstrate thankfulness?
- Why is it important to be thankful when someone helps you?

Giving: WHAT IS YOUR PLAN TO HELP SOMEONE IN YOUR LIFE? IS THERE SOMETHING YOU CAN DO TODAY OR THIS WEEK?

EXAMPLE: Help with Thanksgiving/holiday prep, rake leaves or plan to shovel snow for a neighbor, sign up for a local volunteer opportunity this holiday season. Any small acts of kindness.

† Give thanks for everything to God the Father... Eph. 5:20

Thanks: WHAT BOOK HAVE YOU ENJOYED THE MOST THIS YEAR?

CONVERSATION STARTERS:

- Have you read any books this year that you liked so much you want to read it again?
- What was one new thing that you learned from reading a book this year?
- Who is your most favorite character that you met in a book you read this year?

Giving: WHAT CAN YOU DO TO SHARE YOUR FAVORITE BOOK WITH SOMEONE ELSE?

EXAMPLE: Recommend your most memorable book or make a book of thankfulness to give to a friend, family member, or neighbor. Create a book for a specific individual (family member, friend, etc...) and include 3 things (or more) about them that you're thankful for.

† Every time I think of you, I give thanks to my God. Phil. 1:3

Thanks: WHO MADE YOU SMILE TODAY?

CONVERSATION STARTERS:

- What are some things that might make you smile?
- What does it mean to be joyful? Might people know you are joyful by the look on your face?
- Is it possible to smile even if you're not happy?

Giving: WHAT CAN YOU PLAN TO DO TODAY TO MAKE SOMEONE ELSE SMILE?

EXAMPLE: Tell 3 funny jokes to family members, make a list of things that might make your friend/neighbor/parent smile—do one each day for three days.

† Always be full of joy in the Lord. I say it again—rejoice! Phil. 4:4

Thanks: WHICH HOLIDAY ARE YOU MOST THANKFUL FOR?

CONVERSATION STARTERS:

- Once you identify your favorite holiday, talk about why it's your favorite.
- Is it your favorite holiday because of what you get or what you are able to give?
- Ask someone else what their favorite holiday is and why they like it.

Giving: WHAT CAN YOU DO TO GIVE SOMEONE A HOLIDAY TO REMEMBER?

EXAMPLE: Discuss simple gestures to give holiday cheer to a loved one or stranger. Think ahead of time of specific things that would make someone you know happy this Thanksgiving.

† Praise the Lord! Give thanks to the Lord, for he is good! His faithful love endures forever. Psalms 107:1

